



FRG Newsletter



March 2005

Blanchfield
Army Community Hospital

Volume 2, Issue 1

Important News.....

Mar 16 : First BACH FRG Meeting in Classroom #1 from 6:30 P.M. to 7:30 P.M. Bring your kids.....Come join us!!!!

Congratulations.....

Promotions

SPC Winters to SGT

PFC Sylvan to SPC

PV2 Jeffords to PFC

Soldier/NCO of the Month

SPC Harris (SOM)

SGT Westerhold (NCOM)

SERMC SOY

SPC Jaime Peck

Hail and Farewell.....

Hail.....

LTC Stuart Smythe

LTC Terry Rivers

CW2 Victoria Cain

SSG Richard Bittner

SPC Andrew Tucker

SPC Jennifer Jackson

Farewell.....

LTC J.D. Littleton

MSG Tracey Russell

SFC Dexter L. Mines

SGT Gregory E. Ewing

"We Can: Walk 10,000 Steps"



Blanchfield Army Community Hospital will be hosting it's 2nd annual **"We Can: Walk 10,000 Steps"** on **March 12, 2005** to help promote health, family fun, and fitness for the whole family. **The course is five miles long or 10,000 steps**, and is mild enough for all skill levels to enjoy and even stroller friendly to accommodate families with small children. A short course (two miles) will also be provided. The course will begin at Fort Campbell's **Clarksville Base Park**. **Registration begins the day of the event at 9:00 A.M.**

The event will start right at 10:00 A.M. and finish up around 12:30 P.M. . Participants will have a chance to visit different nutrition and health booths, enjoy refreshments and take part in drawing for prizes after the event. For more information contact BACH at (270) 956-0314 or (270) 798-8077.

Tax Time

The SGT Brett T. Christian Tax Center located at Building 2699, Kentucky Avenue provides free tax preparation for all soldiers, family members, and retirees.

Schedule of Services: Monday thru Friday 1000-1300 (Appointments Only), 1300-1700 (Walk-ins), and Saturday 100-1400 (appoints Only). For appointments call 798-1040. For any questions regarding hours of operations or your taxes call 798-9176 or 798-4935.



**Remember to file
your taxes!**

Easter Egg Hunt



On 27 March the DW Rec Center will be hosting an Easter Egg Hunt. Children 1 year old at 1430, 2 years old at 1500, 3 years old at 1530, 4-5 years old at 1600, 6-7 years at 1630, 8-9 years at 1700 and 10-12 years at 1730. DW Recreation Center at 6145 Desert Storm Ave. For information call: 798-7391.

Registration Week for Returning Students



Fort Campbell Schools (FCS) will hold registration from 14-17 March 05 for students who will be returning to FCS for 2005-2006 school year. Prior to these dates you will receive a registration packet from your child's school. The packet will contain forms to complete and forms with information to update. During this registration period, we ask that you fill in the requested information and personally take the registration packet back to school

your child will attend this fall. Extra registration packets will be available at the school site should you not received one. Children must be registered in the school that they will attend SY 05/06.

Schools will accept registration packets from parents during the hours of 0830 to 1430. In order to make the process as smooth as possible, requests that your register according to the following suggested schedule if at

all possible.

Registration Schedule:

Last names beginning with

A-F register on 14 March

G-M register on 15 March

N-T register on 16 March

U-Z register on 17 March

Parents of students who will be in the 6th Grade and 9th Grade next school year need to bring their student's shot records for their registration.



Family Fun Fair

Pack the kids, the lawn chairs, the blanket, the picnic basket and come out for some free fun!!! The Family Fun Fair will be on April 2, from 10:00 am to 2:00 pm at Hammond Heights (across from Wasson Middle School just inside Gate 5). There will be inflatables, rock wall, chips, drinks, popcorn, cotton candy, snow cones and equipment display. Also there will be face painting, a tennis clinic, D.A.R.E. Bike Rodeo and the Clarksville Canine Sport Dog Show. There will be different contests like; frisbee, golf, football toss, baseball toss and ring toss.



Mail in Address (86th CSH)

TFS mailing address:

Name and Rank

86th Combat Support Hospital (CSH)

Baghdad, Iraq APO AE 09331.

TFN mailing address:

Name and Rank

86th Combat Support Hospital (CSH)

Baghdad, Iraq APO AE 09348

Armed Services YMCA (ASYMCA)

Scheduled Events:

Every Monday 9:30 a.m.—German for Kids

10:30 a.m.—Discovery Hour

Every Tuesday 9:30 a.m.—Little Amigos

10:30 a.m.—ABC's & 123's

Every Wednesday 9:30 a.m.—Tumble Tots

10:30 a.m.—Crafty Kids

Every Thursday 1:00—3:00 p.m.—Scrap Book in (No children please)

Every Friday 1:00—3:00 p.m.—Bible Study

Special Events:

8 Mar 05— (1:00 to 3:00 p.m.) Ages and Stages

15 Mar 05—Grand Opening

19 Mar 05—(2:00 p.m.) Eater Eggstravaganza

21 Mar 05—(6:30 p.m.) Consumer Education

22 Mar 05—(6:30 p.m.) Spouse Employment

24 Mar 05—(6:30 p.m.) Parenting Week 1

31 Mar 05—(6:30 p.m.) Parenting Week 2



For more information
call ASYMCA at (270)
798-7422.

Hospital News

⇒Self Medication Classes is provided free to beneficiaries who utilize over the counter medication through BACH's Pharmacy. Classes will be offered twice a month on the 2nd Monday from 1700-1800 and on the 4th Friday from 1300-1400. Upon completion of the class, families will be eligible to receive 4 items per every 2 weeks. Contact the Community Health Nurse at 956-0100 to enroll.

⇒Tobacco Cessation Classes at BACH: This class is scheduled on March 8 to April 26 from 11:00 am- 12:30 pm. Call for details at 798-8STAR.



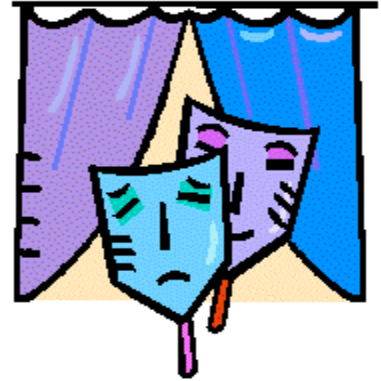
Blanchfield Cares.....

At The Roxy

The Roxy Regional Theatre presents William Shakespeare's "The Merchant of Venice". This play will be conducted from 3-19 March they will also present starting at Thursdays at 7:00 p.m. and Fridays and Saturdays at 8:00 p.m. except the Matinee will be on March 12th at 2:00 p.m. Ticket price ranging from \$5 to \$15. For reservations call the Roxy at (931) 645-7699.

Also from 24 Mar-2 Apr, The Roxy will present "Sophocles' OEDIPUS REX". The first Greek Classic.

The Roxy is located at 100 Franklin Street, in the heart of the historic district, in Clarksville, Tennessee. If you want more information on what The Roxy has to offer you can visit their web at : www.roxyregionaltheatre.org or email them at roxytheatre@bellsouth.net.



Good To Know

The Soldier and Family Readiness Center (Trailer) is offering two important basic classes for military families.

- Stress and Time Management Class: 15 March 2005 from 10:00 am to 12:00 pm. (Limited to 24 attendees)
- Army 101 Class: 8 April 2005 from 9:00 am to 12:00 pm. (Limited to 24 attendees) Sponsored by AFTB



Celebrating Woman's History Month

08 Mar h 05: Cutting Cake Ceremony at A Lobby in BACH around 1400 hrs.


31 March 05: Women's History Month Luncheon at Cole Park Commons from 1130-1300. Cost will be \$10.50 (forticket call x8157). Guest Speaker is SGM Judith P. Ackerman, Senior.



Upcoming Post Wide Events (March 2005)

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3 Framing Class: 1230 at GAC. \$5.00 + Materials	4 Open Mike Night (karaoke) at SML: 2000	5 Framing Class: 1400 at GAC. \$5.00 + materials
6 Monopoly Tournament: 1500 at DW Rec.	7 NAF Job Fair: 0900 at SML	8	9 Parents 1,2,3,4 Classes: 1330-1530 (956-3736)	10 Story Time at the Library: 1030 at RF Sink library	11 Cosmic bowling: 2000 at Hooper Bowling Center	12 Framing Class: 1230 at GAC. \$5.00 + Mat
13 Talent Contest: 1500 at DW Rec.	14 Educ. Opportunities 4 Spouses Brief: 1000 at Ed Ctr.	15 Couples Communication Seminar, call 798-2045. Registration required	16 Parents 1,2,3,4 Classes: 1330-1530 (956-3736)	17 Framing Class: 1230 at GAC. \$5.00 + Mat	18 Open Mike Night (karaoke) at SML: 2000	19 Breakfast with the Easter Bunny: 0900-1100 at DW Rec
20 Posts-Wide Domino Tournament: 1500	21 NAF Job Fair: 0900 at SML	22	23 Active Parenting Now Classes: 1330-1530 (956-3736)	24 Framing Class: 1230 at GAC. \$5.00 + Mat	25 Cosmic bowling: 2000 at Hooper Bowling Center	26 Whop'er Easter Egg Hunt: 1100 at Tie Breaker Park
27 Easter Egg Hunt. at DW Rec.	28	29	30 Active Parenting Now Classes: 1330-1530 (956-3736)	31 Framing Class: 1230 at GAC. \$5.00 + Mat		

Abbreviations: SML—Sportsman's Lodge /GAC—Guenette Arts & Crafts/CPC—Cole Park Common/Ed Ctr.—Education Center/AAA—AASLT Auto/DW—DW Community Recreation Center

FAMILY SUPPORT RESOURCES	BACH FAMILY READINESS GROUP
<p>Area Codes: TN (931) and KY (270)</p> <p>ARMY One Source.....1-800-464-8107</p> <p>MP's.....798-7111/7112</p> <p>Police (Clarksville).....648-0656</p> <p>Police (Hopkinsville).....890-1300</p> <p>Police (Oak Grove).....439-4602</p> <p>Legal Assistance.....798-4432</p> <p>Chaplain.....798-8777</p> <p>Family Life Center-Chaplain..798-3316</p> <p>BACH Operator.....798-8400</p> <p>Emergency Room.....798-8000/8500</p> <p>Red Cross.....1-877-2727-337</p> <p>TRICARE.....1-800-941-4501</p> <p>EFMP.....798-8955</p> <p>Health Readiness Team.....798-8596</p>	<p>Dear BACH Soldiers and Family Members,</p> <p>Hi!! We will be hosting our first FRG meeting on 15 March 05 at Classroom #1 (BACH) from 1830-1930 hrs. Our intent is to bring the BACH Family together. We will have snacks and refreshments. Your kids are always welcomed. If you have any questions about FRG or if you are interested in joining, please contact Ms. Rodriguez at Lizonga@yahoo.com or 931-920-8342.</p> <p style="text-align: right;">Yours truly, Lizabel and Judy</p> <div style="display: flex; align-items: center;">  <div style="margin-left: 20px;"> <p>Clarksville will "Celebrate America" at the 2005 Rivers and Spires Festival from April 9-16, the city's third annual downtown celebration of it's history and heritage. The festival will include musical variety from five stages, an expanded Kid's Zone, 40-60 arts and craft vendors, food, Parade of Flags and more. For more information refer to</p> </div> </div>